

Hello Gwyneth,

**Thoughts about EFT and Cancer: from Linda Wood
February 2010**

Well done for putting together that wonderful January Gathering. There was much to learn from not only everyone on the stage but from what was shared amongst tappers at lunch and tea breaks as well. Craiglands was absolutely buzzing with energy from such incredible, amazing people, all bringing their different colours of threads to weave in the tapestry of EFT (Thanks Enid for that analogy. I love it). How does it feel, Gwyneth to see the harvest from the seeds that you have planted? I remember when you first saw this vision of your gathering. Now look how it's growing and helping tappers learn to fly!

When Dr. Kate James stepped onto the stage to start the whole weekend off, I suddenly had this incredible feeling of "Here we go. EFT is beginning it's REAL take-off. Get ready, Practitioners for your practices to fly." She began by sharing her story about her daughter, Grace, who was diagnosed with cancer (as is published on your website) and it really touched my heart. Several months ago it would have still touched my heart but not nearly as close as it did this time because during the past several months cancer has come very close to home, right directly in my immediate family, not just once but twice.

Although I've worked very successfully with a few cancer patients with tapping, I didn't fully realize what those who are touched this big scary 'C' word go through until I walked in their shoes. "Will they live? Will they be one of the successes? Will they get to see their families raised? What will all these chemicals do to their bodies? I feel so helpless." And so much more, the biggest one perhaps being "Will they *die*?"

One of those in my family who suddenly realized he had cancer was my oldest brother to whom I've been quite close all my life. The depth of my feelings about losing him actually caught me quite off guard and I had to clear a lot within myself before I could surrogately work on him.

He was sent home by the doctors last May and told he had two weeks to live. Then again in October, they called in hospice, sent him home and said he had less than two weeks. He's still hanging in there even though the cancer is in most of his organs and his spinal column. It had actually cracked two vertebrae. However, the doctor who sent him home to die was so astonished that he's not only still alive but using far less of the pain medicines than they had expected. In fact, the doctor called him in one day and asked him to talk about what he's doing to survive this. He is using lots of prayer and alternative supplements and I am doing lots of surrogate tapping for him.

We'd no sooner gotten over the shock of what he is dealing with when we learned that my daughter-in-law had breast cancer. This hit even closer to home and was even scarier as she has two little children who haven't even started school yet. She has never been overweight, eats her fruits and vegetables and doesn't smoke. How could she get something as devastating as breast cancer?

My son frantically began doing research on supplements, diet, lifestyle changes and I began emailing him hints as to how to tap and heal while I began first tapping on my own fears, then followed with lots of surrogate tapping. I also called on friends to help surrogate tap and even held a tapping evening where four of us got together to do surrogate tapping. I did everything within my power to help and hoped it was enough.

Things immediately began to change. When they did the surgery, a week after they had done the biopsy, they couldn't find the mass....figured it had 'gone out with the biopsy. :-)

During surgery, they had taken out tissue which didn't look good and also 18 lymph nodes. But when they began to analyze the tissue, they cut it over 20 times trying to find the cancer. Where had the 'bad looking tissue' around that mass gone? As they examined the lymph nodes, they could only find cancer in one. Amazing things happen when we tap. This is Huge....

But what Kate is adding to this is going to be even bigger. She's the first Doctor in the UK to put together a complete package of combining Eastern holistic treatments, including EFT and diets along with Western Modern medicine and is seeing many clients bring their bodies back into balance and remission just as her daughter and her Mother have done. She's now offering to bring this information to EFT Practitioners so that you can have another incredibly valuable tool in your EFT toolbox enabling you to work alongside client's Western medical care.

This is just what my family had wished they could have found as would anyone else who has this suddenly hit their family. Trying to sort out all this information on your own, especially when you are in this extreme emotional state, can be overwhelming to say the least. (Which supplements are best? How much do I take? Which clash with which?)

After Kate's presentation on that Saturday, as we sat discussing a plan for my relatives, Kate was telling me how she'd been swamped by people wanting to know more once she'd walked off that stage. Suddenly we simultaneously realized.....we needed to get this information out there. The best way to spread this is to teach other Practitioners who can go on and help all those who cross their path.

For the past several decades billions of pounds have gone into cancer research, yet cancer has grown bigger than ever. We're going about it the wrong way. We're FIGHTING cancer. And anyone who has trained in EFT knows that what we resist persists. That is why we learn to "Love and ACCEPT ourselves", INCLUDING our cancer cells. What if EFT and this complete package could be what turns the cancer epidemic around?

Not only has cancer hit Kate's family and my family but it also suddenly hit one of our wonderful EFT Masters, Mair Llewelyn. So now Dr. Kate James, Mair Llewelyn and Linda Wood with the background support of Gwyneth Moss are combining their experiences and knowledge and will come together to teach practitioners how to help those who want added support for their current medical treatments for cancer and other serious diseases.

Workshop dates will be posted on www.eftevents.com as we progress further with these plans. And Gwyneth, AGAIN.....Thank you so much for planting all these seeds and helping EFT to fly. You're showing us how we all have to work together and "Pay it Forward" in order to really turn this world healing crisis around and bring things back into balance.

With much love
Linda Wood

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